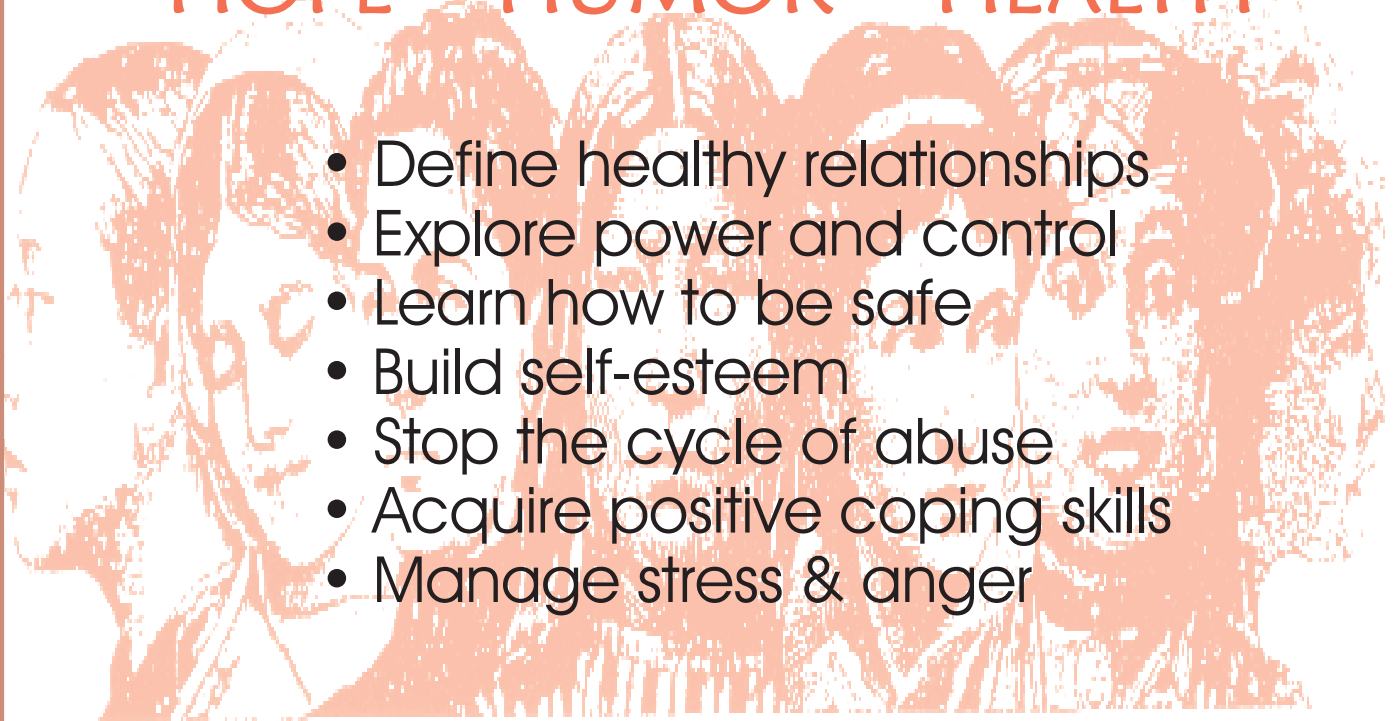


ywca
*eliminating racism
empowering women*

WOMEN IN TRANSITION

*For women that are involved in, recovering from, or close to someone in an
abusive relationship*

HOPE • HUMOR • HEALTH



- Define healthy relationships
- Explore power and control
- Learn how to be safe
- Build self-esteem
- Stop the cycle of abuse
- Acquire positive coping skills
- Manage stress & anger

Tuesdays 12:00 - 1:00

221 W. Main Street #21

Grangeville

Sorry, no childcare available

For more information call

800-669-3176

NO FEE - OPEN GROUPS

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