

# ywca THINGS WE CAN REALLY USE

*eliminating racism  
empowering women*

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## GENERAL FOOD ITEMS

- Canned one dish meals (chili, soups)
- Packaged one dish meals (macaroni, rice)
- Peanut Butter
- Cereal
- Pasta & pasta sauces
- Juice
- Crackers
- Canned fruit
- Staples (sugar, salt, pepper)
- Canned meats (tuna, chicken...)

## CLEANING SUPPLIES

- Bleach
- Spray cleaners
- Dish soap
- Comet
- Sponges
- Rubber Gloves
- Laundry Soap

## SPECIAL THINGS

- Gift certificates (for a meal, movie, video, store)
- Phone cards
- Magazine subscriptions
- Word puzzle books

## 'FOOD PACK' ITEMS

(designed to feed 1 person for 3 meals)

- Pop-top meats, fruit cups, puddings
- Granola bars, breakfast bars
- Small juices
- Any single servings that don't need to be cooked
- Small packages of hot chocolate, instant oatmeal

## HOUSEHOLD ITEMS

- Blankets
- Sheets for single bed
- Silverware
- Sleeping bags
- Towels/washcloths
- Non-electric can openers
- Electric skillets
- Utensils
- Microwave cookware
- Shower curtains & hooks
- Alarm clocks

## FOR CHILDREN

- Toys for all ages, especially for 10+
- PG videos/DVDs for ages 10 +
- Activity books, all ages
- Playstation 2 games (non-violent)

## THINGS WE DON'T NEED AT THIS TIME

- Clothing
- Puzzles
- Stuffed animals

300 Main Street • Lewiston, ID 83501 • 743-1535

Monday, Tuesday, Thursday, Friday 9:00-4:30 • Wednesdays 1:00-4:30

[www.ywcaidaho.org](http://www.ywcaidaho.org)

THANK YOU FOR YOUR GENEROUS SUPPORT OF THE YWCA AND ITS PROGRAMS

A Twin County United Way Agency